



January 2026

AL Monthly Calendar of Events & Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>DISCOVERY COMMONS By Discovery Senior Living</div></div>	<div><div>Location Keys</div><div><div>3rd. Floor Lounge</div><div>Exploration/Activity Rm.</div><div>Lanai</div><div>Library</div><div>Lobby</div><div>Private Dining Rm.</div><div>Wellness Center</div></div><div><div>3 FL</div><div>E</div><div>LL</div><div>L</div><div>LB</div><div>PDR</div><div>W</div></div></div>	<div><div> Emotional</div><div> Intellectual</div><div> Memory Enhancing</div><div> Physical</div><div> Recreational</div><div> Sensory</div><div> Social</div><div> Spiritual</div><div> Spiritual - Christian</div><div> Transportation Provided</div><div> Vocational</div></div>	<div><div>CELEBRATIONS ACTIVITIES &amp; EVENTS</div></div>	<div><div><b>Bloody Mary Day</b></div><div>10:00  Chair Yoga w/ Rho [W]</div><div>10:00  Walmart [LB]</div><div>1:00  Words in A Word</div><div>2:30  Bingo w/ Donna [E]</div><div>7:30  Domino's Club [E]</div></div>	<div><div>10:00  Exercise with Jim/Jayne [W]</div><div>10:30  Words in A Word [E]</div><div>1:00  Rummikub [LL]</div><div>2:30  Happy Hour Carol &amp; Bill Poker Club</div></div>	<div><div>10:00  Sit &amp; B-Fit w/ JP [W]</div><div>11:00  UNO [E]</div><div>2:30  Bingo w/ Donna [E]</div><div>5:30  Hand &amp; Foot [E]</div></div>
<div>9:30  PCF Christian Service</div> <div>10:30  Sit &amp; B-Fit - W [W]</div> <div>1:30 Poker Game [3 FL]</div> <div>2:00  Movie Matinee [L]</div>	<div>10:00  Exercise with Jim/Jayne [W]</div> <div>11:00  Activity Planning Mtg. [E]</div> <div>11:00  Words in a Word [E]</div> <div>1:00  Rummikub [LL]</div> <div>1:30  Pet Therapy with Bettie &amp; Daphne [LB]</div> <div>5:30 Poker Club [3 FL]</div>	<div>10:00  Stretching Exercise w/ JP</div> <div>11:00  Crafts Corner w/ Debbie [E]</div> <div>1:00  Domino Game [L]</div> <div>2:30  Bingo w/ Donna [E]</div> <div>7:30  Dominoes Club [E]</div>	<div>9:30  San Pedro Catholic Ch. [L]</div> <div>10:30  Exercise with Jim [W]</div> <div>1:00  Rummikub [E]</div> <div>2:00  Dining Chat [PDR]</div> <div>2:30  Team Trivia [E]</div> <div>5:30  Poker Club</div>	<div>10:00  Chair Yoga w/ Rho [W]</div> <div>10:00  Walmart [LB]</div> <div>10:30 HarborView Baptist Hymn Singing [L]</div> <div>1:00  Words in A Word</div> <div>2:30  Bingo w/ Donna [E]</div> <div>7:30  Domino's Club [E]</div>	<div>10:00  Exercise with Jim/Jayne [W]</div> <div>10:30  Words in A Word [E]</div> <div>1:00  Rummikub [LL]</div> <div>2:30  Happy Hour w/ Harmony Lane Poker Club</div>	<div>10:00  Sit &amp; B-Fit w/ JP [W]</div> <div>11:00  UNO [E]</div> <div>2:30  Bingo w/ Donna [E]</div> <div>5:30  Hand &amp; Foot [E]</div>
<div>9:30  PCF Christian Service</div> <div>10:30  Sit &amp; B-Fit - W [W]</div> <div>1:30 Poker Game [3 FL]</div> <div>2:00  Movie Matinee [L]</div>	<div><b>Hot Tea Day</b></div> <div>10:00  Exercise with Jim/Jayne [W]</div> <div>11:00  Words in a Word [E]</div> <div>1:00  Rummikub [LL]</div> <div>5:30 Poker Club [3 FL]</div>	<div>10:00  Stretching Exercise w/ JP</div> <div>11:00  Crafts Corner w/ Debbie [E]</div> <div>1:00  Domino Game [L]</div> <div>2:30  Bingo w/ Donna [E]</div> <div>7:30  Dominoes Club [E]</div>	<div>9:30  San Pedro Catholic Ch. [L]</div> <div>10:30  Exercise with Jim [W]</div> <div>1:00  Diabetes Choice In-Service</div> <div>2:00  North Port Baptist Ch. [L]</div> <div>2:30  Team Trivia [E]</div> <div>5:30  Poker Club</div>	<div>10:00  Chair Yoga w/ Rho [W]</div> <div>10:00  Walmart [LB]</div> <div>10:30 HarborView Baptist Hymn Singing [L]</div> <div>1:00  Words in A Word</div> <div>2:30  Bingo w/ Donna [E]</div> <div>7:30  Domino's Club [E]</div>	<div>10:00  Exercise with Jim/Jayne [W]</div> <div>10:30  Words in A Word [E]</div> <div>10:45 Lunch Outing - Red Lobster</div> <div>1:00  Rummikub [LL]</div> <div>2:30  Happy Hour w/ The Brandon's Poker Club</div>	<div>10:00  Sit &amp; B-Fit w/ JP [W]</div> <div>11:00  UNO [E]</div> <div>2:30  Bingo w/ Donna [E]</div> <div>5:30  Hand &amp; Foot [E]</div>
<div>9:30  PCF Christian Service</div> <div>10:30  Sit &amp; B-Fit - W [W]</div> <div>1:30 Poker Game [3 FL]</div> <div>2:00  Movie Matinee [L]</div>	<div><b>MLK &amp; Popcorn Day</b></div> <div>10:00  Exercise with Jim/Jayne [W]</div> <div>11:00  Words in a Word [E]</div> <div>1:00  Rummikub [LL]</div> <div>1:30  Resident Council [E]</div> <div>5:30 Poker Club [3 FL]</div>	<div>10:00  Stretching Exercise w/ JP</div> <div>11:00  Crafts Corner w/ Debbie [E]</div> <div>1:00  Domino Game [L]</div> <div>2:30  Bingo w/ Donna [E]</div> <div>7:30  Dominoes Club [E]</div>	<div>9:30  San Pedro Catholic Ch. [L]</div> <div>10:30  Exercise with Jim [W]</div> <div>1:00  Rummikub [E]</div> <div>2:30  Team Trivia [E]</div> <div>5:30  Poker Club</div>	<div>10:00  Chair Yoga w/ Rho [W]</div> <div>10:00  Walmart [LB]</div> <div>10:30 HarborView Baptist Hymn Singing [L]</div> <div>1:00  Words in A Word</div> <div>2:30  Bingo w/ Donna [E]</div> <div>7:30  Domino's Club [E]</div>	<div>10:00  Exercise with Jim/Jayne [W]</div> <div>10:30  Words in A Word [E]</div> <div>1:00  Rummikub [LL]</div> <div>2:30  Happy Hour w/ Tony R. Poker Club</div>	<div>10:00  Sit &amp; B-Fit w/ JP [W]</div> <div>11:00  UNO [E]</div> <div>2:30  Bingo w/ Donna [E]</div> <div>5:30  Hand &amp; Foot [E]</div>
<div>9:30  PCF Christian Service</div> <div>10:30  Sit &amp; B-Fit - W [W]</div> <div>1:30 Poker Game [3 FL]</div> <div>2:00  Movie Matinee [L]</div>	<div>10:00  Exercise with Jim/Jayne [W]</div> <div>11:00  Words in a Word [E]</div> <div>1:00  Rummikub [LL]</div> <div>5:30 Poker Club [3 FL]</div>	<div>10:00  Stretching Exercise w/ JP</div> <div>11:00  Crafts Corner w/ Debbie [E]</div> <div>1:00  Domino Game [L]</div> <div>2:30  Bingo w/ Donna [E]</div> <div>7:30  Dominoes Club [E]</div>	<div>9:30  San Pedro Catholic Ch. [L]</div> <div>10:30  Exercise with Jim [W]</div> <div>1:00  Rummikub [E]</div> <div>2:30  Team Trivia [E]</div> <div>5:30  Poker Club</div>	<div>10:00  Chair Yoga w/ Rho [W]</div> <div>10:00  Walmart [LB]</div> <div>10:30 HarborView Baptist Hymn Singing [L]</div> <div>1:00  Words in A Word</div> <div>2:30  Bingo w/ Donna [E]</div> <div>7:30  Domino's Club [E]</div>	<div>10:00  Exercise with Jim/Jayne [W]</div> <div>10:30  Words in A Word [E]</div> <div>1:00  Rummikub [LL]</div> <div>2:30  Birthday Celebration w/ Sallie Poker Club</div>	<div>10:00  Sit &amp; B-Fit w/ JP [W]</div> <div>11:00  UNO [E]</div> <div>2:30  Bingo w/ Donna [E]</div> <div>5:30  Hand &amp; Foot [E]</div>