

January 2026

AL Monthly Calendar of Events & Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>DISCOVERY COMMONS SOUTH BISCAYNE By Discovery Senior Living</p>	<p>Location Keys</p> <p>3rd. Floor Lounge 3 FL Exploration/Activity Rm. E Lanai LL Library L Lobby LB Private Dining Rm. PDR Wellness Center W</p> <p>Activity Types</p> <ul style="list-style-type: none"> Emotional Intellectual Memory Enhancing Physical Recreational Sensory Social Spiritual Spiritual - Christian Transportation Provided Vocational 		 <p>CELEBRATIONS ACTIVITIES & EVENTS</p>	<p>Bloody Mary Day</p> <p>10:00  Chair Yoga w/ Rho [W] 10:00  Walmart [LB] 1:00  Words in A Word 2:30  Bingo w/ Donna [E] 7:30  Domino's Club [E]</p>	<p>1 10:00  Exercise with Jim/Jayme [W] 10:30  Words in A Word [E] 1:00  Rummikub [LL] 2:30  Happy Hour Carol & Bill 5:30  Poker Club</p>	<p>2 10:00  Sit & B-Fit w/ JP [W] 11:00  UNO [E] 2:30  Bingo w/ Donna [E] 5:30  Hand & Foot [E]</p>
<p>9:30  PCF Christian Service 10:30  Sit & B-Fit - W [W] 1:30  Poker Game [3 FL] 2:00  Movie Matinee [L]</p>	<p>4 10:00  Exercise with Jim/Jayme [W] 11:00  Activity Planning Mtg. [E] 11:00  Words in a Word [E] 1:00  Rummikub [LL] 1:30  Pet Therapy with Bettie & Daphne [LB] 5:30  Poker Club [3 FL]</p>	<p>5 10:00  Stretching Exercise w/ JP 11:00  Crafts Corner w/ Debbie [E] 1:00  Domino Game [L] 2:30  Bingo w/ Donna [E] 7:30  Dominoes Club [E]</p>	<p>6 9:30  San Pedro Catholic Ch. [L] 10:30  Exercise with Jim [W] 1:00  Rummikub [E] 2:00  Dining Chat [PDR] 7:30  Dominoes Club [E]</p>	<p>7 10:00  Chair Yoga w/ Rho [W] 10:00  Walmart [LB] 10:30  HarborView Baptist Hymn Singing [L] 1:00  Words in A Word 2:30  Bingo w/ Donna [E] 5:30  Poker Club</p>	<p>8 10:00  Exercise with Jim/Jayme [W] 10:30  Words in A Word [E] 1:00  Rummikub [LL] 2:30  Happy Hour w/ Harmony Lane 7:30  Domino's Club [E]</p>	<p>9 10:00  Sit & B-Fit w/ JP [W] 11:00  UNO [E] 2:30  Bingo w/ Donna [E] 5:30  Hand & Foot [E]</p>
<p>9:30  PCF Christian Service 10:30  Sit & B-Fit - W [W] 1:30  Poker Game [3 FL] 2:00  Movie Matinee [L]</p>	<p>11 10:00  Hot Tea Day 10:00  Exercise with Jim/Jayme [W] 11:00  Words in a Word [E] 1:00  Rummikub [LL] 5:30  Poker Club [3 FL]</p>	<p>12 10:00  Stretching Exercise w/ JP 11:00  Crafts Corner w/ Debbie [E] 1:00  Domino Game [L] 2:30  Bingo w/ Donna [E] 7:30  Dominoes Club [E]</p>	<p>13 9:30  San Pedro Catholic Ch. [L] 10:30  Exercise with Jim [W] 1:00  Diabetes Choice In-Service 2:00  North Port Baptist Ch. [L] 2:30  Team Trivia [E] 5:30  Poker Club</p>	<p>14 10:00  Chair Yoga w/ Rho [W] 10:00  Walmart [LB] 10:30  HarborView Baptist Hymn Singing [L] 1:00  Words in A Word 2:00  Bingo w/ Donna [E] 7:30  Domino's Club [E]</p>	<p>15 10:00  Exercise with Jim/Jayme [W] 10:30  Words in A Word [E] 10:45  Lunch Outing - Red Lobster 1:00  Rummikub [LL] 2:30  Happy Hour w/ The Brandon's 5:30  Poker Club</p>	<p>16 10:00  Sit & B-Fit w/ JP [W] 11:00  UNO [E] 2:30  Bingo w/ Donna [E] 5:30  Hand & Foot [E]</p>
<p>9:30  PCF Christian Service 10:30  Sit & B-Fit - W [W] 1:30  Poker Game [3 FL] 2:00  Movie Matinee [L]</p>	<p>18 10:00  MLK & Popcorn Day 10:00  Exercise with Jim/Jayme [W] 11:00  Words in a Word [E] 1:00  Rummikub [LL] 1:30  Resident Council [E] 5:30  Poker Club [3 FL]</p>	<p>19 10:00  Stretching Exercise w/ JP 11:00  Crafts Corner w/ Debbie [E] 1:00  Domino Game [L] 2:30  Bingo w/ Donna [E] 7:30  Dominoes Club [E]</p>	<p>20 9:30  San Pedro Catholic Ch. [L] 10:30  Exercise with Jim [W] 1:00  Rummikub [E] 2:30  Team Trivia [E] 7:30  Poker Club</p>	<p>21 9:30  San Pedro Catholic Ch. [L] 10:30  Exercise with Jim [W] 1:00  Rummikub [E] 2:30  Team Trivia [E] 5:30  Poker Club</p>	<p>22 10:00  Chair Yoga w/ Rho [W] 10:00  Walmart [LB] 10:30  HarborView Baptist Hymn Singing [L] 1:00  Words in A Word 2:30  Bingo w/ Donna [E] 7:30  Domino's Club [E]</p>	<p>23 10:00  Exercise with Jim/Jayme [W] 10:30  Words in A Word [E] 1:00  Rummikub [LL] 2:30  Happy Hour w/ Tony R. 5:30  Poker Club</p>
<p>9:30  PCF Christian Service 10:30  Sit & B-Fit - W [W] 1:30  Poker Game [3 FL] 2:00  Movie Matinee [L]</p>	<p>25 10:00  Exercise with Jim/Jayme [W] 11:00  Words in a Word [E] 1:00  Rummikub [LL] 5:30  Poker Club [3 FL]</p>	<p>26 10:00  Stretching Exercise w/ JP 11:00  Crafts Corner w/ Debbie [E] 1:00  Domino Game [L] 2:30  Bingo w/ Donna [E] 7:30  Dominoes Club [E]</p>	<p>27 9:30  San Pedro Catholic Ch. [L] 10:30  Exercise with Jim [W] 1:00  Rummikub [E] 2:30  Team Trivia [E] 7:30  Poker Club</p>	<p>28 9:30  San Pedro Catholic Ch. [L] 10:30  Exercise with Jim [W] 1:00  Rummikub [E] 2:30  Team Trivia [E] 5:30  Poker Club</p>	<p>29 10:00  Chair Yoga w/ Rho [W] 10:00  Walmart [LB] 10:30  HarborView Baptist Hymn Singing [L] 1:00  Words in A Word 2:30  Bingo w/ Donna [E] 7:30  Domino's Club [E]</p>	<p>30 10:00  Exercise with Jim/Jayme [W] 10:30  Words in A Word [E] 1:00  Rummikub [LL] 2:30  Birthday Celebration w/ Sallie 5:30  Poker Club</p>
						<p>31 10:00  Sit & B-Fit w/ JP [W] 11:00  UNO [E] 2:30  Bingo w/ Donna [E] 5:30  Hand & Foot [E]</p>